



**Bath & North East Somerset, Bristol, North Somerset  
and South Gloucestershire Annual Care Awards**  
(Promoted and Organised by Care and Support West)

**Making a Difference Ideas**

Please use the sections below to help you think how the care given has made a difference to a person's life, or how the care you receive makes a difference to your life. These are simply ideas for you to think through. Hopefully they will help you decide for yourself which part of your professional caring life you would like to identify as making these kinds of differences for the people you care for in your day to day working life.

Alternatively, these ideas can be prompts to help you see other professionals making a difference to and for someone. Perhaps they will help you make a judgement as to whether you want to nominate them for the award.

**Award Title**

? made a difference to Sam/Samuel/Samantha's life because .....

? has made a difference to x's life because when she first came to us she was barely able to take part in any community based activities due to her anxieties. This year we have supported her on a two night holiday to Cornwall, she has been supported to eat out in the community and regularly accesses local shops. This has improved her quality of life significantly. The way this was achieved was .....

? has made a difference to x's life by working with him to build his communication skills. X was previously very prompt dependent and as such reliant on staff to make 'best guess' decisions for him. We have enabled him to spontaneously make requests using PECS and Makaton, increasing his independence, self-esteem and ability to make proactive choices. The way this was achieved was .....

? has made a difference to x's life because we have empowered her with independence and life skills to enable her to access a college and further her educational needs, and for her to build upon these existing skills in an environment with peers she can also build sociable relationships with. The way this was achieved was ....

? helped change a service user's life by giving him an environment that suited his needs and enabled him to go out in the community every day. He is fully involved in making choices about his daily living, i.e. activities, menus etc. He is able to access the garden when he wants to and all this has led to far fewer incidents. In the 14 months he has been with us he has never needed a PRN medication to help stabilise his behaviours, which used to be a common occurrence for him in his previous home. The way this was achieved was .....

? made a difference to x's life because, for example .....

- ✓ ? set up a group activity, e.g. dating agency
- ✓ ? helped change a service user's life through??
- ✓ ? changed how the organization worked to better meet the needs of the service users by .....
- ✓ ? made a difference to my life so I was able to help others through .....
- ✓ by delivering new training so that .....

The way this was achieved was .....

Hope this helps!